

5K Course Through Historic Park

Water at Each Mile

Strollers, Wheelchairs, Wagons & Families Welcomed





Thursday, July 19,2018 at Tawawa Park 8:15 p.m.

Registration

Pre-Reg by 7/13 \$25 with Shirt, \$20 without

Race Day Reg 7:30pm \$30 with Shirt, \$25 without

Awards

No Refunds T-Shirts Limited Availability

Top Male/Female Runners and Top 3 in Each of the Following Age Groups: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & Over

For Additional Registration Forms & Race Results Visit: www.cantstoprunning.com/local-races **SIGN UP ONLINE** at http://www.newchoicesinc.org/break-away-5k

Water, First Aid, Awards & Door Prizes at Geib Pavilion at 9:00 p.m. Must Be Present.

All Proceeds Benefit New Choices, Inc.

New Choices is a non-profit agency serving adult & child victims of family abuse with confidential, 24-hr crisis services, shelter, court & child advocacy, peer counseling, safety planning, referrals and resources and case management. All proceeds benefit victims of family abuse and violence.

For More Information Contact Amanda Partington at 937-498-7261

Mail form and entry fee to: New Choices, Inc. P.O. Box 4182 Sidney, OH 45365 Checks should be payable to New Choices, Inc.

Name		_				
	Adult T-shirt Size:	S	М	L	XL	XXL \$5.00 extra
Mailing Address						
	I Will Be :		Walk	king		Running
City, State and Zip			_			
	Sex:		F			М
Contact Phone		7.46	. (2.01.0			
	Age as of C)//19	9/2018			
Email Address						
Signature & Date OR						
Signature of Parent or Guardian & Dat	to					
if under 18 years of age	i C					

I acknowledge that participating in a 5K race can be a potentially hazardous activity. I hereby certify that I am medically able and properly trained to participate. I assume all risks associated with running/walking in this event. In consideration of this acceptance, I hereby waive on my behalf and on behalf of my heirs, executors and assigns all claims of any nature arising from my participation in the New Choices Take Back the Night 5K Run/Walk and do hereby release New Choices, Tawawa Park and all their staff, officials and volunteers from any claims or liabilities of any kind arising from my participation in this event. I agree to abide by all the rules of participation.